



Black-throated Blue Warbler
Photo Credit: Mike Pollack

Monticello Park

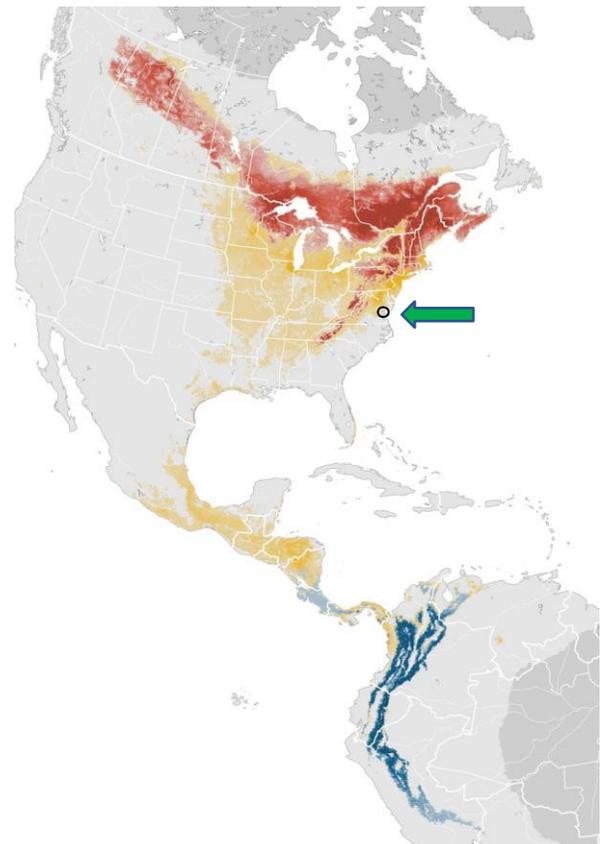
Why is it important and what can you do?

Billions of migratory birds migrate annually between Mexico, Central and South America, and the Caribbean; and the U.S. and Canada. The birds depend on a series of sites and habitats across their annual migration route. These sites provide critical resources such as food, safe roosting sites, and refuges where birds can make emergency stops.

Monticello Park is one of these sites. It is an important source of food and water for birds that spend our winter south of the U.S. and breed in the U.S. and Canada. Monticello is important to our communities' health and well-being. Just like us, birds and other wildlife need these islands of habitat/green space in seas of development.

The spring migration of birds back to the U.S. and Canada has started and will last through May. About 120 bird species visit and use the Park. Thirty-six eastern warbler species have been recorded over the years. Learn more at <http://mpnature.com>.

The Canada warbler spends the winter (nonbreeding season) in northern South America (blue areas on map). There are important habitats in Colombia and Venezuela. The yellow areas on the map are areas of importance as stopover sites. These are sites that birds use to refuel and rest so that they can continue their journey. Monticello Park is one of those sites. Breeding areas (red on map) are primarily in Canada. The Canada warbler makes this epic journey twice every year.



Canada Warbler, Photo Credit: Mike Pollack

Monticello Park: Important to People and Birds



Rose-breasted Grosbeak, Photo Credit: William Young

During the pandemic, the U.S. has seen an increase in the use of and visits to parks and green space and an increase in sales of bikes, camping equipment, binoculars and more. With increased use comes increased impacts, so it is important to recreate responsibly and respect the resources of our parks.

What can you do to maintain Monticello Park so that our community and wildlife can continue to enjoy its benefits?

- Keep people and dogs on the trails so that native vegetation and birds are protected. #ResponsibleRecreation
- Do not bike in the park to avoid eroding trails and to protect native vegetation and wildlife.
- Take trash home or place it in the garbage can at the Park entrance.
- Enjoy the Park without removing or cutting down live trees and plants. Monticello Park is a native plant conservation zone.
- Watch birds and share what you see. www.ebird.org
- Join in Park trash clean ups.

What can you do to help birds?

- Drink coffee that is bird-friendly. <https://nationalzoo.si.edu/migratory-birds/bird-friendly-coffee>
- Learn about planting native plants on your property. www.novaregion.org
- Take Seven Simple Actions to Help Birds and People. <https://www.birds.cornell.edu/home/seven-simple-actions-to-help-birds>



Scarlet Tanager, Photo Credit: Mike Pollack

